

SOUTHWEST VALLEY CC INVITE

SW Valley HS Boys XC Results Lake Icaria 9/16/2021 Cloudy 85°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	Central Decatur	1	7	8	10	12	13	27	= 38	1:34:50	18:58	2:16
2	Winterset	4	5	9	11	14	16	17	= 43	1:35:49	19:10	1:47
3	Red Oak	3	15	18	24	26	31	35	= 86	1:43:49	20:46	3:56
4	Lamoni	6	19	21	34	50			= 130	1:58:20	23:40	13:31
5	Sidney	2	20	32	36	45			= 135	1:57:00	23:24	10:31
6	Martensdale St. Marys	23	25	28	29	33	41	42	= 138	1:54:22	22:52	2:03
7	Southwest Valley	22	39	40	43	46	49	52	= 190	2:09:57	25:59	6:31
8	East Mills	30	37	38	44	47	48	51	= 196	2:13:14	26:39	7:19

Incomplete Teams: Bedford, Coon Rapids-Bayard, East Union, Essex, Iowa School for the Deaf, Lenox, North Nodaway, Stanton

Place	Score	Name	Year	School	Time	Pace mpm
1	1	William Gillis	SR	Central Decatur	17:36	5:40
2	2	Cole Jorgenson	SR	Sidney	17:58	5:47
3	3	Baylor Bergren	SR	Red Oak	18:12	5:51
4	4	Blake Freese	SR	Winterset	18:20	5:54
5	5	Mason Back	JR	Winterset	18:33	5:58
6	6	Tyson McDole	JR	Lamoni	18:45	6:02
7	7	Tate Swartz	JR	Central Decatur	18:57	6:06
8	8	Gunner Smith	JR	Central Decatur	19:02	6:08
9	9	Sam Hensley	SO	Winterset	19:17	6:12
10	10	Vincent Carcamo	JR	Central Decatur	19:24	6:15
11	11	Ethan Easter	JR	Winterset	19:33	6:17
12	12	Joe Sheetz	SO	Central Decatur	19:52	6:24
13	13	Glenn Oesch	JR	Central Decatur	19:56	6:25
14	14	Liam Sutton	SO	Winterset	20:07	6:28
15		Jacob Driskill	SO	East Union	20:21	6:33
16	15	Nolan Blackman	SR	Red Oak	20:33	6:37
17	16	Eli Cowman	SO	Winterset	20:36	6:38
18	17	Luke Heithoff	JR	Winterset	20:37	6:38
19		Tony Racine	SO	Essex	20:45	6:41
20	18	Bryton Bergren	SO	Red Oak	20:53	6:43
21	19	Jack Greenwood	SR	Lamoni	21:05	6:47
22		Collin Kessler	FR	Winterset	21:33	6:56
23	20	Andreas Buttry	FR	Sidney	21:36	6:57
24	21	Matthew Patience	SR	Lamoni	21:48	7:01
25	22	Gabe Fuller	SR	Southwest Valley	21:59	7:05
26	23	Christian Choate	SO	Martensdale St. Marys	22:02	7:05
27	24	Brett Erickson	FR	Red Oak	22:03	7:06
28	25	Aden Moore	SO	Martensdale St. Marys	22:03	7:06
29	26	Ty Jenkins	SO	Red Oak	22:07	7:07
30	27	Isaiah Brunk	SR	Central Decatur	22:23	7:12
31		Evan Gettler	FR	Stanton	22:47	7:20
32		Damian Meek	JR	Stanton	22:55	7:23
33		Noah Johnson	SR	Bedford	22:57	7:23
34	28	Jonathan Moore	SO	Martensdale St. Marys	23:02	7:25
35	29	Elijah Wheelton	FR	Martensdale St. Marys	23:09	7:27
36		Dominic Shaw	FR	Winterset	23:11	7:28
37		Seth Ripperger	FR	East Union	23:15	7:29
38	30	Anthony Obermiller	JR	East Mills	23:17	7:30
39		Zack Frease	SO	Winterset	23:18	7:30
40		Mizael Gomez	SR	Lenox	23:52	7:41
41	31	Joshua Lerette	SO	Red Oak	23:53	7:41
42		Ari Johnson	FR	Central Decatur	23:53	7:41
43		Maddox Kistler	FR	Central Decatur	23:57	7:42
44	32	Wil Bryant	SO	Sidney	23:59	7:43
45	33	Nathan Mundil	FR	Martensdale St. Marys	24:05	7:45
46		Corey Heithoff	SR	Coon Rapids-Bayard	24:08	7:46
47		Franklin Pastorino	SO	Winterset	24:13	7:48
48	34	Canon Rivera	JR	Lamoni	24:26	7:52
49	35	Logan Welchans	SO	Red Oak	24:41	7:57
50		Darron Bix	JR	North Nodaway	24:49	7:59
51	36	Ladarius Albright	FR	Sidney	24:57	8:02
52		Jayven Welch	FR	Bedford	25:02	8:03
53		Lane Stillen	SO	Red Oak	25:07	8:05
54		Hugo Hanselman	JR	Winterset	25:12	8:07
55		Chino Lepe	JR	Red Oak	25:36	8:14
56	37	Aj Laramy	JR	East Mills	25:45	8:17
57	38	Thoren Wade	JR	East Mills	25:48	8:18
58		Bennett Stickland	SO	Red Oak	25:52	8:19
59		Ashton Gregg	SR	Central Decatur	25:52	8:20
60	39	Ryder Petry	SO	Southwest Valley	26:01	8:22
61		Anden Hall	FR	Central Decatur	26:13	8:26
62	40	Zach Teneyck	SO	Southwest Valley	26:14	8:27
63		Derek Albretchen	SO	East Union	26:17	8:27
64	41	Teegan Dorenkamp	FR	Martensdale St. Marys	26:47	8:37
65		Tyler Schrandt	FR	Central Decatur	27:01	8:42

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Place	Score	Name	Year	School	Time	Pace mpm
66	42	Thomas Mundil	FR	Martensdale St. Marys	27:05	8:43
67		Quentin Coffelt	SR	Central Decatur	27:09	8:44
68		Griffin Eubank	SO	Red Oak	27:09	8:44
69	43	Ethan James	SO	Southwest Valley	27:12	8:45
70		James McDonald	FR	Stanton	27:30	8:51
71		Peyton Long	JR	East Union	27:33	8:52
72	44	Walter Seipold	FR	East Mills	27:49	8:57
73		Jacob Brower	FR	Red Oak	27:51	8:58
74	45	Christian Harris	JR	Sidney	28:30	9:10
75	46	Matthew Means	FR	Southwest Valley	28:30	9:11
76		Grayson Hewett	SR	Red Oak	28:53	9:18
77		Lakota Bengel	FR	Iowa School for the Deaf	30:01	9:40
78		Eric Super	JR	Winterset	30:09	9:42
79	47	Cooper Stearns	FR	East Mills	30:35	9:51
80	48	Fletcher Proctor	FR	East Mills	31:32	10:09
81	49	Deacon Ganfield	SO	Southwest Valley	31:37	10:11
82	50	Hosah Niebauer	FR	Lamoni	32:17	10:23
83	51	Jordan Williams	FR	East Mills	33:35	10:48
84		Kyle Pastore	JR	Stanton	34:03	10:58
85		Jeremiah Dobbins	JR	North Nodaway	34:15	11:01
86	52	Devyn Fasce	JR	Southwest Valley	42:22	13:38

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Place	Name	Time	mpm	Place	Name	Time	mpm
1) Central Decatur				8) East Mills			
Score = 38				Score = 196			
1	William Gillis, SR	17:36	5:40	30	Anthony Obermiller, JR	23:17	7:30
7	Tate Swartz, JR	18:57	6:06	37	Aj Laramy, JR	25:45	8:17
8	Gunner Smith, JR	19:02	6:08	38	Thoren Wade, JR	25:48	8:18
10	Vincent Carcamo, JR	19:24	6:15	44	Walter Seipold, FR	27:49	8:57
12	Joe Sheetz, SO	19:52	6:24	47	Cooper Stearns, FR	30:35	9:51
13	Glenn Oesch, JR	19:56	6:25	48	Fletcher Proctor, FR	31:32	10:09
27	Isaiah Brunk, SR	22:23	7:12	51	Jordan Williams, FR	33:35	10:48
	Ari Johnson, FR	23:53	7:41				
	Maddox Kistler, FR	23:57	7:42				
	Ashton Gregg, SR	25:52	8:20				
	Anden Hall, FR	26:13	8:26				
	Tyler Schrandt, FR	27:01	8:42				
	Quentin Coffelt, SR	27:09	8:44				
				Incomplete Teams:			
2) Winterset				Bedford			
Score = 43							
4	Blake Freese, SR	18:20	5:54	33	Noah Johnson, SR	22:57	7:23
5	Mason Back, JR	18:33	5:58	52	Jayven Welch, FR	25:02	8:03
9	Sam Hensley, SO	19:17	6:12				
11	Ethan Easter, JR	19:33	6:17				
14	Liam Sutton, SO	20:07	6:28				
16	Eli Cowman, SO	20:36	6:38				
17	Luke Heithoff, JR	20:37	6:38				
	Collin Kessler, FR	21:33	6:56				
	Dominic Shaw, FR	23:11	7:28				
	Zack Frease, SO	23:18	7:30				
	Franklin Pastorino, SO	24:13	7:48				
	Hugo Hanselman, JR	25:12	8:07				
	Eric Super, JR	30:09	9:42				
3) Red Oak				Coon Rapids-Bayard			
Score = 86							
3	Baylor Bergren, SR	18:12	5:51	46	Corey Heithoff, SR	24:08	7:46
15	Nolan Blackman, SR	20:33	6:37				
18	Bryton Bergren, SO	20:53	6:43				
24	Brett Erickson, FR	22:03	7:06				
26	Ty Jenkins, SO	22:07	7:07				
31	Joshua Lerette, SO	23:53	7:41				
35	Logan Welchans, SO	24:41	7:57				
	Lane Stillen, SO	25:07	8:05				
	Chino Lepe, JR	25:36	8:14				
	Bennett Stickland, SO	25:52	8:19				
	Griffin Eubank, SO	27:09	8:44				
	Jacob Brower, FR	27:51	8:58				
	Grayson Hewett, SR	28:53	9:18				
4) Lamoni				East Union			
Score = 130							
6	Tyson McDole, JR	18:45	6:02	15	Jacob Driskill, SO	20:21	6:33
19	Jack Greenwood, SR	21:05	6:47	37	Seth Ripperger, FR	23:15	7:29
21	Matthew Patience, SR	21:48	7:01	63	Derek Albretchsen, SO	26:17	8:27
34	Canon Rivera, JR	24:26	7:52	71	Peyton Long, JR	27:33	8:52
50	Hosah Niebauer, FR	32:17	10:23				
5) Sidney				Essex			
Score = 135							
2	Cole Jorgenson, SR	17:58	5:47	19	Tony Racine, SO	20:45	6:41
20	Andreas Buttry, FR	21:36	6:57				
32	Wil Bryant, SO	23:59	7:43				
36	Ladarius Albright, FR	24:57	8:02				
45	Christian Harris, JR	28:30	9:10				
6) Martensdale St. Marys				Iowa School for the Deaf			
Score = 138							
23	Christian Choate, SO	22:02	7:05	77	Lakota Bengé, FR	30:01	9:40
25	Aden Moore, SO	22:03	7:06				
28	Jonathan Moore, SO	23:02	7:25				
29	Elijah Wheeldon, FR	23:09	7:27				
33	Nathan Mundil, FR	24:05	7:45				
41	Teegan Dorenkamp, FR	26:47	8:37				
42	Thomas Mundil, FR	27:05	8:43				
7) Southwest Valley				Lenox			
Score = 190							
22	Gabe Fuller, SR	21:59	7:05	40	Mizael Gomez, SR	23:52	7:41
39	Ryder Petry, SO	26:01	8:22				
40	Zach Teneyck, SO	26:14	8:27				
43	Ethan James, SO	27:12	8:45				
46	Matthew Means, FR	28:30	9:11				
49	Deacon Ganfield, SO	31:37	10:11				
52	Devyn Fasce, JR	42:22	13:38				
8) East Mills				North Nodaway			
Score = 196							
30	Anthony Obermiller, JR	23:17	7:30	50	Darron Bix, JR	24:49	7:59
37	Aj Laramy, JR	25:45	8:17	85	Jeremiah Dobbins, JR	34:15	11:01
38	Thoren Wade, JR	25:48	8:18				
44	Walter Seipold, FR	27:49	8:57				
47	Cooper Stearns, FR	30:35	9:51				
48	Fletcher Proctor, FR	31:32	10:09				
51	Jordan Williams, FR	33:35	10:48				
9) East Mills				Stanton			
Score = 196							
30	Anthony Obermiller, JR	23:17	7:30	31	Evan Gettler, FR	22:47	7:20
37	Aj Laramy, JR	25:45	8:17	32	Damian Meek, JR	22:55	7:23
38	Thoren Wade, JR	25:48	8:18	70	James McDonald, FR	27:30	8:51
44	Walter Seipold, FR	27:49	8:57	84	Kyle Pastore, JR	34:03	10:58
47	Cooper Stearns, FR	30:35	9:51				
48	Fletcher Proctor, FR	31:32	10:09				
51	Jordan Williams, FR	33:35	10:48				